

TEXAS STATE VITA

I. Academic/Professional Background

A. Name: Cyndy Karras, Ph.D.

Title: Lecturer

B. Educational Background

Degree	Year	University	Major
Ph.D.	2015	University of Texas at Austin	Human Development and Family Sciences
M.A	2009	New York University	Applied Psychology
B.A., <i>magna cum laude</i>	2007	Texas State University	Mass Communications-Electronic Media

C. University Experience

Texas State University – San Marcos

Department of Human Development and Family Sciences, School of Family and Consumer Sciences

2021 – present Lecturer

University of Texas at Austin

Department of Human Development and Family Sciences, College of Natural Sciences

2018 – 2019 Assistant Professor of Practice

2016 Lecturer & Master Teacher

2013 Assistant Instructor

2011 – 2015 Teaching Assistant

2011 – 2012 Graduate Assistant Instructor

2011 Graduate Research Assistant

Texas Child and Family Research Partnership, LBJ School of Public Affairs

2013 Graduate Research Assistant

University of Virginia

Center for Advanced Study of Teaching and Learning, Curry School of Education and Human Development

2009 – 2010 Project Manager

New York University

Center for Research on Culture, Development, and Education, Steinhardt School of Culture, Education, and Human Development

2008 – 2010 Research Assistant

D. Professional Experience

Leading Educators and Parents Consulting, LLC.

2018 – present Founder | Bilingual Early Childhood Consultant

United Way for Greater Austin [UWATX]

2017 – 2018 Family Support Coordinator

First English Lutheran Child Development Center

2017 Director

Texas Juvenile Justice Department

2016 – 2017 Research Specialist IV

II. TEACHING

1. Teaching Honors and Awards

2016 Invited as Guest Professor for the Kappa Delta Professor Dinner

2013 Nominated by the University of Texas at Austin, Department of Human Development and Family Sciences for Outstanding Graduate Student Teaching Award

B. Courses Taught

Texas State University, *Department of Human Development and Family Sciences*

2021 – present **Lecturer**

Spring 2024

Supervise: 1 Graduate Research Assistant: 10 hours

FCS 3303 Introduction to Research in Family and Consumer Sciences (WI)

Course Enrollment: 30 undergraduate students; 3 Credit Hours.

HDFS 2351 Child Development

Course Enrollment: 87 undergraduate students; 3 Credit Hours.

HDFS 3351 Creative Experiences for Children

Course Enrollment: 35 undergraduate students; 3 Credit Hours.

HDFS 4351 Cultural Diversity in Families (WI)

Course Enrollment: 40 undergraduate students; 3 Credit Hours.

Fall 2023

Supervise: 1 Graduate Research Assistant: 10 hours

FCS 3303 Introduction to Research in Family and Consumer Sciences (WI)

Course Enrollment: 32 undergraduate students; 3 Credit Hours.

HDFS 3351 Creative Experiences for Children

Course Enrollment: 15 undergraduate students; 3 Credit Hours.

HDFS 4302 Play and Child Development

Course Enrollment: 55 undergraduate students; 3 Credit Hours.

HDFS 4356 Administration of Human Service Organizations

Course Enrollment: 58 undergraduate students; 3 Credit Hours.

Spring 2023

Supervised: 1 Graduate Research Assistant: 10 hours

FCS 3303 Introduction to Research in Family and Consumer
Sciences (WI)

Course Enrollment: 61 undergraduate students; 3 Credit Hours.

HDFS 2351 Child Development

Course Enrollment: 40 undergraduate students; 3 Credit Hours.

HDFS 3351 Creative Experiences for Children

Course Enrollment: 36 undergraduate students; 3 Credit Hours.

Fall 2022

Supervised: 1 Graduate Research Assistant: 10 hours

HDFS 2351 Child Development

Course Enrollment: 40 undergraduate students; 3 Credit Hours.

HDFS 3351 Creative Experiences for Children

Course Enrollment: 20 undergraduate students; 3 Credit Hours.

HDFS 4356 Administration of Human Service Organizations

Course Enrollment: 60 undergraduate students; 3 Credit Hours.

Spring 2022

HDFS 2351 Child Development

Course Enrollment: 50 undergraduate students; 3 Credit Hours.

HDFS 3351 Creative Experiences for Children

Course Enrollment: 50 undergraduate students; 3 Credit Hours.

Fall 2021

HDFS 3351 Creative Experiences for Children

Course Enrollment: 50 undergraduate students; 4 Credit Hours.

HDFS 4356 Administration of Human Service Organizations

Course Enrollment: 60 undergraduate students; 3 Credit Hours.

Spring 2021

HDFS 3351 Creative Experiences for Children

Course Enrollment: 50 undergraduate students; 4 Credit Hours.

University of Texas at Austin, *Department of Human Development and Family Sciences*

2018 – 2019 **Assistant Professor of Practice**

Priscilla Pond Flawn Child and Family Laboratory

HDF 266L Guidance in Adult-Child Relationships

HDF 357 Applied Child Development

HDF 652P PPFCFL Practicum

Course Enrollment: 34 Pre-Kindergarten children (4 to 5-year-olds);
16 toddlers (2 to 2.5-year-olds).

Supervised: 4 graduate and 39 undergraduate students

2016 **Lecturer**

HDF 313 Introduction to Child Development

HDF 113L Child Development Laboratory

Course Enrollment: 90 undergraduate students

Supervised: 2 graduate students

Master Teacher

Priscilla Pond Flawn Child and Family Laboratory

HDF 266L Guidance in Adult-Child Relationships

HDF 357 Applied Child Development

HDF 652P PPFCFL Practicum

Course Enrollment: 17 Pre-Kindergarten children (4 to 5-year-olds)

Supervised: 1 graduate and 9 undergraduate students

2013 **Assistant Instructor**

HDF 313 Introduction to Child Development

HDF 113L Child Development Laboratory

Course Enrollment: 40 undergraduate students

C. Directed Student Learning:

2019 Bridging Disciplines Program Student Mentor

University Leadership Network Student Mentor

(1) Student supervised accepted into medical school upon recommendation.

2018 Bridging Disciplines Program Student Mentor
University Leadership Network Student Mentor
2013 Intellectual Entrepreneurship Graduate Mentor
Student received \$1,000 Inaugural Kuhn Family Intellectual Entrepreneurship Award and \$400 SRCF conference travel award

D. Courses Prepared and Curriculum Development: **Indicates new course preparation.*

Texas State University

Lecturer

Spring 2024	FCS 3303	Introduction to Research in Family and Consumer Sciences (WI)
	HDFS 2351	Child Development
	HDFS 3351	Creative Experiences for Children
	HDFS 4351	Cultural Diversity in Families (WI)*
Fall 2023	FCS 3303	Introduction to Research in Family and Consumer Sciences (WI)
	HDFS 3351	Creative Experiences for Children
	HDFS 4302A	Play and Child Development*
	HDFS 4356	Administration of Human Service Organizations
Spring 2023	FCS 3303	Introduction to Research in Family and Consumer Sciences (WI)*
	HDFS 2351	Child Development
	HDFS 3351	Creative Experiences for Children
Fall 2022	HDFS 2351	Child Development
	HDFS 3351	Creative Experiences for Children
	HDFS 4356	Administration of Human Service Organizations
Spring 2022	HDFS 2351	Child Development*
	HDFS 3351	Creative Experiences for Children
Fall 2021	HDFS 3351	Creative Experiences for Children
	HDFS 4356	Administration of Human Service Organizations*
Spring 2021	HDFS 3351	Creative Experiences for Children*

University of Texas at Austin

Assistant Professor of Practice

2018 – 2019 HDF 266L Guidance in Adult-Child Relationships
HDF 357 Applied Child Development

Lecturer

2016 HDF 313 Introduction to Child Development
HDF 113L Child Development Laboratory
HDF 266L Guidance in Adult-Child Relationships

HDF 357 Applied Child Development

Graduate Teaching Assistant

HDF 313	Introduction to Child Development, S2016, S2015, F2013, S2013
HDF 113L	Child Development Laboratory, S2016, S2015, F2013, S2013
HDF 304H	Introduction to Family Relationships Honors, F2014, (WI)
HDF 340	Ethical, Philosophical, and Professional Development, F2014, Summer2014
HDF 378K	Introduction to Early Childhood Intervention (ECI), S2014, F2012, S2012
HDF 466L	Priscilla Pond Flawn Child and Family Laboratory, F2011, S2012

E. Teaching Professional Development Activities Attended:

2023	From Staff Manager to Inspiring Leader, Early Childhood Investigations Webinar, Engagement Strategies.
2023	Preschool Democracy for a Civil Society: Teaching Children Democratic Life Skills, Early Childhood Investigations Webinar, Engagement Strategies.
2023	When the Horse is out of the Barn: Educators Embracing AI Enhanced Learning Webinar, Macmillan Learning.
2023	Critical Thinking Bootcamp, Sage Publishing.
2023	Making Peace with War Play: Exploring Consent and Power in the Preschool Classroom, Early Childhood Investigations Webinar, Engagement Strategies.
2021	Ready, Set, Go! School Readiness is the Goal! Virtual training. Early Childhood Training, Voices for Children San Antonio. Certificate for 3 hours and 45 minutes of instruction.
2020	Curiosity and Motivation Amid the Pandemic. Education Now Webinar, Harvard Graduate School of Education.
2020	Austin Chapter of Texas Association of Education of Young Children Annual Conference.
2019	Austin Chapter of Texas Association of Education of Young Children Annual Conference.
2019	Visible Thinking Course Certificate, Harvard Graduate School of Education, Professional Education, 45 hours of instruction
2019	Conscious Discipline Training, Austin, Texas, 12 hours of instruction.

Priscilla Pond Flawn Child and Family Laboratory, University of Texas at Austin

2019	Social and Emotional Learning: What Do We Value and How Do We Teach It?
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2019	Nature Calls: Benefits of a Natural Outdoor Classroom for Preschool Children.
2019	Rigorous DAP in the Early Years: From Theory to Practice.
2018	Maximizing Learning in the Outdoor Classroom: Inspiring Curiosity through Intentional Planning and Preparation.
2019	Culture of Thinking Part Two: How Do We Show Others That Thinking Is Valued in Our Program?
2018	Culture of Thinking Part One: How Do We Inspire Thinking and Learning?
2018	Cultivating Professional Relationships in the Workplace: Safety, Support, and Synergy.
2018	Teachers as Researchers: Practicing Collaborative Inquiry.
2018	Creating a Culture of Thinking & Collaborative Inquiry: Ideas from Harvard's Project Zero.

III. SCHOLARLY/CREATIVE

A. Works in Print

Other Works in Print

Karras, C.A. (2015). *Material hardship and children's behavior across early childhood: Examining the differential associations of maternal versus paternal parenting behaviors as mediators of material hardship on children's social and behavioral outcomes* (Doctoral dissertation). Retrieved from <https://repositories.lib.utexas.edu/>

B. Works not in Print

1. Conference Proceedings

Karras, C.A. (2024). *Semantics or Guidance? The Power of Language in Promoting Children's Critical Thinking and Creativity*. Presentation submitted to the Center in Houston for Infant Learning and Development Plant a Rainbow Annual Conference, Houston, TX.

Karras, C.A. (2023, February). *Crear una Comunidad Equitativa e Inclusiva para Promover la Educación Infantil* [Creating an Equitable and Inclusive Classroom Community to Promote Early Childhood Education]. Spanish presentation presented to the 2023 Austin Chapter of the Texas Association for the Education of Young Children Annual Conference, Austin, TX.

Karras, C.A. (2022, March). *Examining Biases: Understanding the Role Culture Plays in Promoting Acceptance and Inclusivity in Early Childhood Classrooms*. Spanish presentation accepted to the 2022 Austin Chapter of the Texas Association for the Education of Young Children Annual Conference, Austin, TX.

Karras, C.A. (2022, March). *Pinterest Art: Aesthetically Pleasing, Developmentally Inappropriate. Fostering Artistic Creativity in Early Childhood Programs*. Spanish

presentation accepted to the 2022 Austin Chapter of the Texas Association for the Education of Young Children Annual Conference, Austin, TX.

Karras, C.A., & Ozuna, S. (2020, March). *Moving Beyond Circle Time: Meaningful Large and Small Group Meetings*. Presentation presented to the 2020 Austin Chapter of the Texas Association for the Education of Young Children Annual Conference, Austin, TX.

Robinson, C., & **Karras, C.A.** (2019, April). *Building a Community of Diversity in a Kindergarten Classroom*. Presentation presented to the Austin Chapter of The Texas Association for the Education of Young Children 2019 Annual Conference, Austin, TX.

Johansson, P., & **Karras, C.A.** (2016, September). *Structured Decision Making in Juvenile Justice*. Presentation presented to the 2016 Texas Juvenile Justice Department Annual Data Coordinators Conference, San Marcos, TX.

Wittenberg, B.M., & **Karras, C.A.**, Hazen-Swann, N. (2015, March). *Prenatal Wishes: Parent vs. Child-Centered Wishes as Predictors of Later Caregiving Sensitivity and Toddler Outcomes*. Poster presented to the 2015 Society for Research in Child Development Biennial Meeting, Philadelphia, PA.

Wittenberg, B.M., & **Karras, C.A.**, Beverung, L., Matthews, M., & Hazen, N. (2013, November). *Prenatal Wishes: The Impact of Parents' Wishes on Parenting Quality*. Poster presented at the 2013 National Conference on Family Relations Annual Conference, San Antonio, TX.

Karras, C. A., & Gereshoff, E.T. (2013, April). *Safe Havens: Can They Protect Youth from the Negative Impact of Violence Exposure?* Poster presented to the Society for Research in Child Development Biennial Meeting, Seattle, WA.

2. Papers Presented at Professional Meetings:

Lipton-Galbraith, A., Osborne, C., Bellows, L., & **Karras, C.** (2014, November). *Listen to Your Fathers: Increasing Father Participation in Early Childhood Programs*. Paper presented to the 2014 National Council on Family Relations Annual Conference, Baltimore, MD.

Wittenberg, B.M., **Karras, C.A.**, Beverung, L., Hazen-Swann, N., & Jacobvitz, D. (2014, March). *Parents' Prenatal Wishes for Their Children: Relations with Parenting Quality and Child Outcomes*. Paper presented to the 2014 Society for Research in Human Development Biennial Meeting, Austin, TX.

Karras, C. A. (2009, March). *Cognitive development and antisocial behavior: The impact of childcare on children in public housing*. Paper presented at the Harvard Graduate School of Education Student Research Conference, Cambridge, MA.

3. Invited Talks, Lectures, and Presentations:

- Karras, C.A.** (2022, November). *Pinterest Art: Aesthetically Pleasing, Developmentally Inappropriate*. Guest lecture presented to CDEC 1358, Austin Community College, Austin, TX.
- Karras, C.A.** (2015, October). *Incarceration and Families*. Guest lecture presented to HDF 338: Developmentally Appropriate Practice with Young Children, University of Texas at Austin, Austin, TX.
- Karras, C.A.** (2015, November). *Poverty, Neighborhoods, and Violence: The Impact on Families and Children*. Guest lecture presented to HDF 313: Child Development, University of Texas at Austin, Austin, TX.
- Karras, C.A.** (2014, November). *Neighborhoods*. Guest lecture presented to HDF 313: Child Development, University of Texas at Austin, Austin, TX.
- Karras, C.A.** (2014, September). *Ethics and Values*. Guest lecture presented to HDF 340: Ethical, Philosophical, and Professional Development, University of Texas at Austin, Austin, TX.
- Karras, C.A.** (2014, April). *Families in Context*. Guest lecture presented to HDF 304: Family Relationships, University of Texas at Austin, Austin, TX.
- Karras, C.A.** (2012, May). *Is Type of Housing Associated with Early Cognitive Development and Antisocial Behavior Among Low-Income, Ethnically Diverse Families?* Seminar presented to Faculty and Graduate Students, Department of Human Development and Family Sciences, University of Texas at Austin, Austin, TX.
- Karras, C.A.** (2013, May). *Safe Havens and Youth Mental Health: Understanding the Influence of Safe Havens from Violence on Youth Outcomes*. Seminar presented to Faculty and Graduate Students, Department of Human Development and Family Sciences, University of Texas at Austin, Austin, TX.

4. Consultancies

- Karras, C.A.** (2020, February). *Disciplina Positiva: ¿De Qué se Trata y Por Qué es Importante? Positive Guidance: What is it and Why Does it Matter?* Professional Development Training in preparation on behalf of Leading Educators and Parents Consulting, LLC. in Spanish to YPW Spanish Immersion School, Austin, TX.
- Karras, C.A.** (2020, January). *Comprender el Comportamiento del Niño y la Comunicación Con Los Padres [Understanding Child Behavior and Communication with Parents]*. Professional Development Training presented on behalf of Leading Educators and Parents Consulting, LLC. in Spanish to AVANCE – Austin, Austin, TX.
- Karras, C.A.** (2019, November). *Fomento de la Inteligencia Emocional y Observaciones en el Salón [Fostering Emotional Intelligence and Classroom Observations]*. Professional Development Training presented on behalf of Leading Educators and Parents Consulting, LLC. in Spanish to AVANCE – Austin, Austin, TX.

- Karras, C.A.** (2019, August). *Fomento de la Inteligencia Emocional: Cómo Los Adultos Promueven el Desarrollo Social y Emocional De Los Niños [Fostering Emotional Intelligence: How Adults Play an Active Role in Children's Social-Emotional Development]*. Professional Development Training presented on behalf of Leading Educators and Parents Consulting, LLC. in Spanish to YPW Spanish Immersion School, Austin, TX.
- Karras, C.A.** (2019, August). *Crear un Salón de Clases en el cual Haya un Ambiente que Facilite el Aprendizaje [Creating a Learning-Rich Classroom Environment]*. Training presented on behalf of Leading Educators and Parents Consulting, LLC. in Spanish AVANCE – Austin, Austin, TX.
- Karras, C.A.** (2018, September). *Funciones Ejecutivas y el Desarrollo del Cerebro: Entendiendo cómo el desarrollo del cerebro influye las habilidades ejecutivas de funcionamiento cual son fundamentales para el éxito de los niños [How Does The Brain Work and What Skills are Critical for Children's Success?]*. Professional Development Training presented on behalf of Leading Educators and Parents Consulting, LLC. in Spanish to AVANCE – Austin, Austin, TX.
- Karras, C.A.** (2018, August). *Práctica Apropriadada para el Desarrollo en Programas Escolares Para Niños [Developmentally Appropriate Practices in Preschool Programs]*. Professional Development Training presented on behalf of Leading Educators and Parents Consulting, LLC. in Spanish to AVANCE – Austin, Austin, TX.

5. Workshops

- Karras, C.A.** (2020, March). *How To Build Emotional Intelligence In Your Child*. Invited speaker for a parent workshop as part of the Community Speaker Lunch and Learn Workshop Series 2019-2020 at YPW Spanish Immersion School, Austin, TX.
- Karras, C.A.** (2018, April). *The Period of Purple Crying*. Professional Development training presented to the 2018 United Way of Greater Austin Family Support Network Meeting, Austin, TX.
- Karras, C.A.** (2018, February). *Child Development in Context*. Professional Development training presented to the Center for Child Protection to a group of 100 clinical and staff members, Austin, TX.

6. Other Works not in Print:

- Karras, C.A., & Gershoff, E.T.** (2012). *Safe havens from violence and youth mental health: Can they protect youth from the maladaptive impact of violence exposure?* Unpublished manuscript. Department of Human Development and Family Sciences, University of Texas at Austin, Austin, TX.
- Karras, C.A., & Yoshikawa, H.** (2009). *Public housing, and antisocial behavior: The impact of type of housing on children's socioemotional and cognitive development* (Unpublished master's thesis). New York University, New York, NY.

C. Scholarly / Creative Fellowships, Awards, Honors

2013	Intellectual Entrepreneurship Kuhn Scholars Award, The University of Texas at Austin
2013	Finalist, Graduate School Fellowship, Education Pioneers
2008 – 2009	21 st Century Scholarship, Steinhardt School of Culture, Education, and Human Development, New York University
2007	First Place Award for Video News Package, National Broadcasting Society
2007	Honorable Mention for Live Newscast Anchoring, Texas Intercollegiate Press Association
2007	Rookie Member Grant, National Broadcasting Society
2006 – 2007	Alpha Chi National Honor College Scholarship Society, Texas State University
2006 – 2007	Academic Dean's List, College of Liberal Fine Arts, Texas State University

D. Professional Development Activities Attended:

2024	Austin Chapter of the Texas Association of the Education of Young Children Annual Conference.
2023	Texas Association of Education of Young Children Annual Conference.
2023	Texas Association of Education of Young Children Annual Leadership Retreat.
2023	Austin Chapter of the Texas Association of the Education of Young Children Annual Conference.
2022	Austin Chapter of Texas Association of Educations of Young Children Annual Conference.
2022	Texas Association of Education of Young Children Annual Leadership Retreat.
2021	Impacting Early Childhood Education for Texas State Schools and Families: Research-to-Practice at Scale. Children's Learning Institute, Texas Early Childhood Professional Development System.
2020	Getting Off to a Healthy Start: Science and Policy to Guide Early Childhood Development. UT System Early Childhood Scholars Series, University of Texas at Austin.
2016	Texas Juvenile Justice Department Annual Data Coordinators Conference
2014	Society for Research in Human Development Biennial Meeting
2013	National Conference on Family Relations Annual Conference
2013	Society for Research in Human Development Biennial Meeting

E. Media Recognition

Featured as Professional Expert in Online Articles and Publications

Girls Scouts of America

Kids Really Miss In-Person Play Dates. (2020, July 22). Girls Scouts of Oregon and Southwest Washington. Available at: https://www.girlscoutsw.org/en/our-council/news/2020/kids_really_miss_in_.html

“Help! The Kids Won’t Stop Arguing!” (2020). Raising Awesome Girls [Parenting Advice for Parents of Daughters]. Available at: <https://www.girlscouts.org/en/raising-girls/happy-and-healthy/happy/kids-stop-fighting.html>

Kids at Home Have Major FOMO Over In-Person Playdates (2020). Raising Awesome Girls [Parenting Advice for Parents of Daughters]. Available at: <https://www.girlscouts.org/en/raising-girls/happy-and-healthy/happy/no-play-dates-coronavirus-kids.html>

Beyond Virtual Fieldtrips: Distance Learning During Coronavirus School Closures. (2020). Raising Awesome Girls [Parenting Advice for Parents of Daughters]. Available at: <https://www.girlscouts.org/en/raising-girls/school/homework/distance-learning-coronavirus-school-closed.html>

Girl Scouts Making the World A Better Place. (2020, May). [Special Edition 2020]. *The Golden Link* 46(3). Available at: www.gssjc.org/publications

Distance Learning During School Closures (2020, April 29). Girl Scouts of Arizona Cactus-Pine Council [*Arizona Parenting Magazine*]. Available at: <https://azparenting.com/distance-learning-during-school-closures/>

Featured as Professional Expert on Instagram TV

Miranda, M. (Assistant Producer & Editor), Ingram, S. (Writer), & Henahan, E. (Director). (2020, September). *Episode 3: Find Your Rhythm with Dr. Cyndy Karras* [Instagram Television series episode]. *G-Team TV, New York, NY*.

Online Blogs

Karras, C.A. (2020, June 24). Why Can’t I Have Play Dates with My Friends? [Leading Educators and Parents Blog]. Available at: <https://www.leapconsultingservices.com/leapblogposts/distancelearningduringapandemic>

Karras, C.A. (2020, April 1). Distance Learning During A Pandemic. [Leading Educators and Parents Blog]. Available at: <https://www.leapconsultingservices.com/leapblogposts/distancelearningduringapandemic>

Newspaper Articles

- Karras, C. A.** (2007, July 30). Humanitarian award honors Wilford Hall doctor. *Wilford Hall Medical Center*. Retrieved from <http://www.whmc.af.mil>. Also published (2007, June 22). *Lackland Tailspinner*, p. 1.
- Karras, C. A.** (2007, July 17). Senior Airman wounded, receives Purple Heart. *Wilford Hall Medical Center*. Retrieved from <http://www.whmc.af.mil>. Also published (2007, July 20). *Lackland Tailspinner*, p. 2.
- Karras, C. A.** (2007, July 10). Emergency residents keep scoring high. *Wilford Hall Medical Center*. Retrieved from <http://www.whmc.af.mil>. Also published (2007, July 19). *Lackland Tailspinner*, p. 6 and as: Medical program keeps scoring high. *Wright-Patterson Air Force Base Skywrighter*, pp. 6B.
- Karras, C. A.** (2007, July 9). Military obstetrics clinics offer mothers individualized care. *Wilford Hall Medical Center*. Retrieved from <http://www.whmc.af.mil>. Also published (2007, July 19). *Lackland Tailspinner*, p. 1.
- Karras, C. A.** (2007, July 2). Wilford Hall Medical Center activates two new squadrons. *Wilford Hall Medical Center*. Retrieved from <http://www.whmc.af.mil>
- Karras, C. A.** (2007, June 29). **Dental training group hosts 49th annual graduation.** *Wilford Hall Medical Center*. Retrieved from <http://www.whmc.af.mil>
- Karras, C. A.** (2007, June 25). Centering program to improve prenatal development. *Wilford Hall Medical Center*. Retrieved from <http://www.whmc.af.mil>. Also published (2007, June 29). *Lackland Tailspinner*, p. 7.
- Karras, C. A.** (2007, June 25). Website provides expectant mothers with weekly guidance. *Wilford Hall Medical Center*. Retrieved from <http://www.whmc.af.mil>. Also published (2007, July 6). *Lackland Tailspinner*, p. 11.
- Karras, C. A.** (2007, June 18). Ophthalmology residency program gets high rating. *Wilford Hall Medical Center*. Retrieved from <http://www.whmc.af.mil>. Also published as: WHMC program has eyes on top prize. (2007, June 22). *Lackland Tailspinner*, p. 3.

IV. SERVICE

A. Institutional

University

2018 – 2019	Bridging Disciplines Program Student Mentor University Leadership Network Student Mentor
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College

2024	Collage of Applied Arts Representative at Bobcat Day
2018	College of Natural Sciences Representative at Explore UT
2016	College of Natural Sciences Representative at Explore UT

Department/School

2018	Candidate Search Committee, Priscilla Pond Flawn Child and Family Laboratory
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2009	Co-founder, Graduate Applied Psychology Society, Steinhardt School of Education, Culture, New York University
2006 – 2007	Vice President, National Broadcasting Society, Texas State University
<i>B. Community</i>	
2023	2023 Conference Proposal Reviewer, Texas Association for the Education of Young Children Annual Conference.
2023 – present	Outreach and Recruitment Chair, Austin Chapter of the Texas Association for the Education of Young Children.
2023	2023 Conference Proposal Reviewer, Austin Chapter Annual Conference of the Texas Association for the Education of Young Children.
2022 – present	Conference Committee Chair, Austin Chapter of the Texas Association for the Education of Young Children.
2021 – present	Leadership Team, Austin Chapter of the Texas Association for the Education of Young Children.
2021 – present	President (elected official, 3-year term). Homeowner’s Association, Board of Directors, Sweetwater Glen Community.
2020 – 2021	Secretary (elected official, 1-year term). Homeowner’s Association, Board of Directors, Sweetwater Glen Community.
2018 – 2020	Early Childhood Bilingual Consultant for AVANCE - Austin, a multi-generational intervention program supporting low-income families, Austin, TX.
2018 – 2020	Early Childhood Bilingual Consultant for Young People’s Workshop Spanish Immersion Preschool, Austin, TX.
2018	Parent Coffee presentation for caregivers with children enrolled at Priscilla Pond Flawn Child and Family Laboratory, University of Texas at Austin.
2018	Professional Development training presented to the Center for Child Protection to a group of 100 clinical and staff members, Austin, TX.
<i>C. Organization Memberships</i>	
2022 – present	Higher Education Faculty Chapter – Texas Education of Young Children.
2016 – present	National Association for the Education of Young Children.
2016 – present	Austin Chapter – Texas Association for the Education of Young Children.
2006 – 2007	National Broadcasting Society, Alpha Epsilon Rho, Texas State University.
2006 – 2007	Alpha Chi National Honor Society, Texas State University Chapter National Broadcasting Society.